

Editorial:

If my memory serves me well enough it was late August 1959 that a bus ferried all of us youngsters from Crossroads Primary School, in Durris, across the River Dee at Crathes. We disembarked on the north road and joined countless others lining the verges. Many of us carried paper Union Jacks which we'd to wave as the cavalcade passed.

This school outing was to welcome President Eisenhower on his official visit to the Queen at Balmoral. I dutifully waved my flag but saw nothing through the windows as the train of cars sped through.

On 18 September 2022 after a lone pedal to Dyce and through Bucksburn I joined the North Deeside Road in Bieldside on my journey of reverence. At just after 9.00am many folk were already congregating. They gathered in small groups which swelled in size as I headed towards Banchory. Every junction, every farm entrance, had a uniformed policeman standing on duty.

Approaching Crathes and that viewing place for Ike, both sides of the road had phalanxes of tractors forming a guard of honour and I wondered if any of the drivers had also been there in 1959.

Crowds inundated the High Street in Banchory. I couldn't estimate the number but there must have been thousands there who'd come out to pay their respects.

I made it to just short of the Torphins junction at Kincardine O'Neil. The first policeman on a motorbike waved me on, the second and third nodded as I lifted a hand. The fourth stopped and asked me to take my bike off the road. Taking my helmet off, I waited.

At 11.00am, the hearse carrying our Queen, my Queen, on her last journey from Deeside, appeared.

PHILOSOPHER'S CORNER

Don't cry because it's over, smile because it happened. — Dr. Seuss

Do you have a view on life? Why not submit your favourite few words of wisdom for public consumption in this exclusive corner of your magazine. Send now to Sandy Lindsay, Rowan Cottage, Inveramsay, Inverurie, AB51 5DQ or email <u>knockies@deeside.org</u>

Live Life Aberdeenshire

Live Life Aberdeenshire, in their two-week programme of cycling activities leading up to the Tour of Britain Grand Depart, released a short film. It's not to be missed - <u>West to</u> <u>Glenshee</u>

Some Thoughts on seeing those City Centre Crits on Saturday 03 September

Although it's just over a week ago it seems like much longer than that in view of all the dominant news stories.

I attended the Tour of Britain 'legends' presentation at the Art Gallery on the Friday. Former professionals David Millar and Pippa York entertained an audience for an hour with Dan Martin, a recently retired pro. It was ok but very expensive and, in my completely biased opinion, inferior to Deeside Thistle events with David and Pippa,.

The following day the sun shone, and Aberdeen City Centre was closed for the day with a variety of criterium races starting at 10am with the under 12 girls and boys. The events included a National Championship and various events for men and women. It was absolutely great to see Deeside Thistle jerseys prominent throughout the day. I was particularly encouraged by the expertise and speed exhibited by girls and boys who are a product of our coaching commitment.

For me a special pleasure is to wander around the circuit and speak to many who have been involved in the cycling scene in the North East and beyond over the 60 years I've been involved. Former top riders and UK Champions. Others who have been event organisers and officials; and so many who just enjoy riding a bike and with whom I've passed many an enjoyable mile.

I came away encouraged that with the groundwork which has produced so many successful youngsters we are in a really good place to look forward to the next 60 years.

Events like those city Centre Crits and the Tour Series don't just happen. They require vision, hard work, finance, political will, and commitment. We in Deeside Thistle, together with the other clubs in the area, and Councils, need to work to ensure that this becomes an annual event in the calendar and is not dependent on a major event like Tour of Britain.

It was great to see so many both old and young in the warm sunshine. The following day and the Tour of Britain start was quite another story in terms of weather, but the stars of our sport are inspirational particularly for youngsters-like myself! AGC

Scottish National Men's Criterium Championship Race

Scottish Futbolin Men 5 Criterium Chumpionship Fuec			
	Name	Club name	
1	Ross Birrell	Team Inspired	
2	Lee Rosie	Spokes Racing Team	
3	Lewis Martin	Studio Velo	
4	Daniel Kain	Ribble rechrg Race Team	
5	Jacob Smith	Spokes Racing Team	
6	David Duggan		
7	Neil Scott	Deeside Thistle CC	
8	Murray Soutter	Torvelo Racing	
9	Jamie Mackenzie	META Bike Division	
10	Cameron Brown	Spokes Racing Team	
11	Matiss Robertson	RT23	
12	Conor McKinnon	Dolan Ellesse Race Team	
13	Grant Scott	Ronde Cycling Club	
14	Adam Baker	Royal Air Force CA	
15	James Merry	Vanelli-Project Go	
16	Brian Duncan	Sparta Breda	
17	Danny Hedley	Royal Air Force CA	
18	Kevin Barclay	dooleys cycles	
19	Calum Gibb	Deeside Thistle CC	
20	David Ogden	Deeside Thistle CC	
21	Oliver Newton	Torvelo Racing	
22	John Alexander	Deeside Thistle CC	
23	Chris Main	Deeside Thistle CC	
24	Liam White	Torvelo Racing	
25	Hugh Ramsay	Deeside Thistle CC	
26	Fergus Robinson	Ribble rechrg Race Team	
Scot	ttish National Jun I	Men's Criterium Championship	
1	Archie Ellen	The Cycling Academy	
2	Corey Whiteford	The Cycling Academy	
3	Sam Chisholm	The Cycling Academy	

3	Sam Chisholm	The Cycling Academy
4	Conal Davidson	Spokes Racing Team
5	Finn Mason	The Cycling Academy
6	Cameron Adam	Spokes Racing Team
7	Keir Gaffney	Spokes Racing Team
8	Benjamin Kennedy	Stirling Bike Club
9	Lewis Dey	RT23
10	Cormac McConville	Spokes Racing Team
11	Alasdair Baillie	Spokes Racing Team
12	Samuel Edgar	Johnstone Wheelers CC
13	Jamie Thomson	Spokes Racing Team
14	Thomas Wisdish	Spokes Racing Team
15	Alexander Bond	Elgin CC

Scottish National Women's Criterium Championship

~~~		r s oringer and originality	4	
1	Kate Richardson	Alba Development Road Team	3	Robert Smart
2	Arianne Holland	Alba Development Road Team	4	Noah Bleteau
3	Rebecca Saunderson	Studio Velo	5	Rhys Edwards
4	Sophie Lankford	Alba Development Road Team	6	Oliver Walker
5	Erin Murphy	Alba Development Road Team	7	Peter Ferguson
6	Beth Maciver	Alba Development Road Team	8	Alasdair Easto
7	Coralie Arthur Wah	oo Endurance Zone p/b Le Co	9	Euan Ramsay
8	Rachel Hardman	Forth Velo	10	Alasdair Ray
9	Alexandra Hayden	Vanelli-Project Go	11	Scott Slater
10	Emma Smith	Alba Development Road Team	12	Lukas Mearns
11	Ruth Quigley	Vanelli-Project Go	13	Scott Sapsuri

	Amy Curtis	Vanelli-Project Go				
13	Amy Addlesee	Deeside Thistle CC				
Scott	tish National Jun Wo	omen's Criterium Championship				
1	1 Eilidh Shaw Tofauti Everyone Active					
2	Morven Yeoman	Tofauti Everyone Active				
3	Evie White	Deeside Thistle CC				
One	n Race - 3rd & 4th	Category riders				
1	Jamie Chree	Deeside Thistle CC				
2	Samuel Carrotte	University of Aberdeen				
3	Mark Madigan	MGC RT				
4	Mark Walker	Deeside Thistle CC				
5	Alistair Cameron	Stonehaven Cycling Club				
6	<b>Richard Harris</b>	Deeside Thistle CC				
7	Innes Jamieson	Deeside Thistle CC				
8	Bruce Irvine	Team Andrew Allan Architecture				
9	Alan Smith	Ythan CC				
10	Ian Flett	Neukyt				
11	Aaron Johnson	North Argyll Cycle Club				
12	David Ogden	Deeside Thistle CC				
13	Peter Flick	Dundee Thistle RC				
14	Robert Cowie	Aberdeen Wheelers Cycling Club				
	Steve Rae	Ythan CC				
	Jamie Riddoch	Elgin CC				
17		Team Andrew Allan Architecture				
18	Steven Sharp	Ecosse Northboats				
19		Team Andrew Allan Architecture				
20	Ross Burgess	Torvelo Racing				
21	Graeme Hart	Hart's Cyclery				
22	Martin Chisholm	MGC RT				
23	Craig Cochrane	Dunfermline CC				
24	Matthew McEwan					
25 26	Thomas Wisdish	Spokes Racing Team Deeside Thistle CC				
20 27	David Mckay Kenny Blair	Glasgow Green Cycle Club				
27	Simon Titmuss	Ronde Cycling Club				
	Victor Allan	Deeside Thistle CC				
	Ewan Innes	Decside Thistic CC				
	Alexander Bond	Elgin CC				
	Grant Sandison	Light CC				
	Scott Gauld	TRACK NATION				
34						
35	Jason Woods					
Var						
rou 1	<b>th A Boys</b> Struan Shaw	Edinburgh BC				
2	Colin McGourty	Edinburgh RC East Kilbride Road Club				
2	Robert Smart	Deeside Thistle CC				
4	Noah Bleteau	West Lothian Clarion CC				
5	Rhys Edwards	Edinburgh RC				
6	Oliver Walker	East Kilbride Road Club				
7	Peter Ferguson	Edinburgh RC				
8	Alasdair Easton	Edinburgh RC				
9	Euan Ramsay	Deeside Thistle CC				
	Alasdair Ray	West Lothian Clarion CC				
	Scott Slater	Deeside Thistle CC				
	Lukas Mearns	Discovery Junior Cycling Club				
13						



#### Youth A Girls

LUU	un n on is	
1	Sarah Johnson	Edinburgh RC
2	Thea Aitken	Deeside Thistle CC
3	Harriet Hendry	Deeside Thistle CC
4	Isla Easto	Edinburgh RC
5	Sarah Darling	West Lothian Clarion CC
6	Anna Birrell	Edinburgh RC
You	th B Boys	
1	Elliot Speedie	Edinburgh RC
2	Israel Noble	
3	Innes Long	Deeside Thistle CC
4	Brodie Duncan	West Lothian Clarion CC
5	Oliver Bain	Deeside Thistle CC
6	Murdo Evans	Deeside Thistle CC
7	Fraser Corfield	Glasgow Riderz
8	Johnny Darling	West Lothian Clarion CC
9	Finlay Hanton	Ecosse Northboats
10	Oliver Paterson	West Lothian Clarion CC
You	th B Girls	
1	Melanie Rowe	Deeside Thistle CC
2	Niamh Waters	Edinburgh RC
3	Hope Thomson	Deeside Thistle CC
4	Eve Fairbairn	Discovery Junior Cycling Club
5	Ava Luce	Forres CC
6	Emma Campbell	Deeside Thistle CC
7	Eva Murphy	Deeside Thistle CC
8	Eilish Gaffney	Johnstone Wheelers CC
9	Isla McCluskey	West Lothian Clarion CC
You	th C Boys	
1	Josh Stewart	SteppingStanes Youth Cycling C
2	Reuben McLardie	Johnstone Wheelers Cycling C
3	Sebastian Blackburn	
4	Rhuairdh Fulton	West Lothian Clarion CC
5	Micah Myles	Edinburgh RC

6 Callum Atkinson Discovery Junior Cycling Club 7 Luca Brigato Discovery Junior Cycling Club

#### Youth C Girls

1 Olivia Poole	Deeside Thistle CC
2 Zara Main	Deeside Thistle CC
3 Mairi Dowens	West Lothian Clarion CC
4 Lucy Sweeney	Stirling Bike Club
5 Ava Smith	

#### 6 Freya Lowson

#### Scottish National Youth Circuit Series: Round 5 (Ellon Youth Crit). Closed Circuit, Sunday, 21 Aug 2022

#### **Event Overview**

Ythan CC is proud to host the 5th and final race of the Scottish Cycling National Youth Road Series. Held on a closed road circuit around Ellon town centre, races are run for all youth categories from A to E. This event is possible due to collaboration with the Ellon Rotary Club, who organise the road closures for the day to run the cycling

races in the morning, followed by the Ellon Pedal Car races in the afternoon, all while raising valuable funds for local sports and community groups.

#### Youth A Boys

	Name	Club
1	Ahron Dick	Edinburgh RC
2	Oliver Walker	East Kilbride Road Club
3	Robert Smart	Deeside Thistle CC
4	Adam Murray	East Kilbride Road Club
5	Jake Speed	Stirling Bike Club
6	Noah Bleteau	West Lothian Clarion CC
7	Vyaan Dhokia	West Lothian Clarion CC
8	Euan Ramsay	Deeside Thistle CC
9	Alasdair Easton	Edinburgh RC
10	Robbie Innes	ç
11	Scott Sapsuri	
12	Colin McGourty	East Kilbride Road Club
13	Scott Slater	Deeside Thistle CC
Уон	th A Girls	
	Arabella Blackburn	Deeside Thistle CC
	Millie Thomson	Deeside Thistle CC
3		Deeside Thistle CC
4	Isla McCutcheon	Johnstone Wheelers CC
5	Thea Aitken	Deeside Thistle CC
6	Isla Easto	Edinburgh RC
7	Sarah Darling	West Lothian Clarion CC
8	Anna Birrell	Edinburgh RC
Vou	th B Boys	C
100		Edinburgh RC
2	Innes Long	Deeside Thistle CC
	Oliver Bain	Deeside Thistle CC
4	Israel Noble	Decide Thistic CC
5	Euan Murphy	Ythan CC
6	Ross Eastaugh	Deeside Thistle CC
7	Murdo Evans	Deeside Thistle CC
8	Johnny Darling	West Lothian Clarion CC
9	Finlay Hanton	Ecosse Northboats
10	Fraser Corfield	Glasgow Riderz
Vou	th B Girls	
100	Melanie Rowe	Deeside Thistle CC
2	Eve Fairbairn	Discovery Junior Cycling Club
3		Edinburgh RC
4		Deeside Thistle CC
	Ava Luce	Forres CC
6	Eva Murphy	Deeside Thistle CC
7	Kasey Park	Edinburgh RC
8	Emma Campbell	Deeside Thistle CC
	-	Deeside Thistie CC
	th C Boys	
1	Micah Myles	Edinburgh RC
2	Sebastian Blackburn	Deeside Thistle CC
3	Griff Aitken	Deeside Thistle CC
	Callum Atkinson	Discovery Junior Cycling Club
5	Lucas Stenton	Edinburgh RC East Kilbride Road Club
6 7	Nicholas Cutler Archie Clark	East Kilbride Road Club Ecosse Northboats
/	Archie Clark	Ecosse normooats

8	Gabriel Noble	Andover BMX Club
9	Nathaniel Carlsson-Bell	
10	Bruce Flett	
11	Charlie King	
Vou	th C Girls	
	Zara Main	Deeside Thistle CC
-	Millie Boothman	East Kilbride Road Club
	Lucy Sweeney	Stirling Bike Club Ythan CC
	Amy Stewart Ava Smith	I than CC
5	Grace Bain	
0	Statt Ball	
	th D Boys	
	Ruaraidh Macpherson	Johnstone Wheelers CC
	Matthew Moran	
3	Rory Fotheringham	
4	Freddie Ball	Deeside Thistle CC
	Josh Sharp	Ecosse Northboats
6	Calum Campbell	Deeside Thistle CC
7	Douglas McLeman	
8	Struan Fotheringham	
9	Harris Bain	
10	Thomas Fyall	
11	Hunter Smith	
12	Alec Wallace	
13	Charlie Fraser	
	Liam Craig	Ythan CC
15	Murray Rae	Ythan CC
16	Tiago Gourlay	Ythan CC
You	th D Girls	
1		East Kilbride Road Club
2	Eden Thomson	Deeside Thistle CC
3	Boo Williams	Royal Albert CC
4	Isabella Smith	Ythan CC
5	Ines Hull-Bailey	Ythan CC
6	Penny Flett	
7		
Vou	th E Boys	
1	Casper Blackburn	Deeside Thistle CC
	Asher Noble	Decside Tilistic CC
3	Euan Boothman	East Kilbride Road Club
-	Lewis Gourley	Ecosse Northboats
	Oswin Hull-Bailey	Ythan CC
	William Hicks	T than CC
7	Arthur Wood	Ythan CC
	Cody Bowie	T than CC
	Oscar Nathan	
	Lewis Ward	
	th E Girls	
1	200 101411	Royal Albert CC
	Iona Macpherson	Johnstone Wheelers CC
	Verity Mackenzie	Ythan CC
4	Mhairi Sutherland	Ythan CC
5	Lucy Whyment	Ythan CC
	Abby King	
7	Emily Moran	
8	Abbie Cooper	

#### 10 TT by TEN CC Sunday, 11 Sep 2022

1	Lee Rosie	SRT	20:46
2	Chris Petrie	AWCC	21:30
3	Calum Gibb	DTCC	22:02
4	Mark Walker	DTCC	22:12
5	John Alexander	DTCC	22:45
6	Alan Smith	YCC	23:07
7	Colin Duncan	ECC	23:29
8	Kyle Mowbray	TENS	23:57
9	Steve Rae	YCC	24:17
10	Kevin Belton	FCC	24:49
11	Sean Monaghan	PPI	24:50
12	Hugh Ramsay	DTCC	24:52
13	Steven Sharp		25:06
14	John Leal	DTCC	25:21
15	Steve Shand	AWCC	25:48
16	Mark Higgins	GCRT	25:52
17	Spencer Holmes		26:09
18	Will Burnish	ICC	26:09
19	Evie White	DTCC	26:25
20	Margaret McMillan	DTCC	26:45
21	Gillies Grant	FCC	26:58
22	Sara Stead	DTCC	27:29
23	Euan Ramsay	DTCC	27:46
24	Ian Grant	DTCC	27:55
25	Roddy McLean	YCC	29:01
26	Iain Anderson	TENS	29:05
27	Ruth Quigley	VPG	29:15
28	George Findlater		30:29
29	Alex Shipp	ICC	30:38
30	Callum Craib	FCC	31:16
31	Kenny Craib	FCC	31:27
32	Finlay Hanton	TENS	33:41
	-		

#### Youth and Junior Update

Final series standings were confirmed after the Crit Racing had concluded - Melanie Rowe was 1st overall in the series standings for B girls with Hope Thomson taking 2nd. Innes Long was 2nd for the B boys and Oliver Bain took 3rd. Molly Evans was first A girl.

The following weekend 11 riders from team green took part in the North West Youth Tour. The event takes place over 3 days and notable results so far include Olivia Poole at the top of GC for C girls and Melanie Rowe in pole position for B girls.

Deeside Thistle was also represented abroad that weekend. Arabella Blackburn was racing at the Tom Dumoulin Bike Park in Sittard, The Netherlands and DTCC junior Evie White was also in action on the continent. She was a guest rider for Tofauti in a hilly stage race in the Basque country.

School games national finals took place recently with 4 DTCC youth in the 8 strong team. Incredible performances from the riders in the velodrome, the street sprints, the crits,

and the road race all combined to give Scotland first place overall. The riders were up against strong competition from across the UK and delivered amazing performances across the board. A huge well done to the riders and their coaches *Lyndsay Aitken* 

#### Vets Championships

Before he heads off to the World's Master Championships in Italy later this month Robert Lindsay tested out his legs in the Scottish Vets Championships. David Lines WCT took the overall from the breakaway group. James McCallum MBD was placed second and Brian Duncan SB, third. In the over 50s category Jason Roberts VPG took the title with Andrew Bruce VPG in second spot and Robert taking the third step on the podium. In a big field Richard Harris came 25th and David Ogden 39th. David had been in the break but lost contact and was caught by the bunch in the last 4 miles

#### **Club Committee**

At our AGM in January the committee to run your club for the next year was elected. Unfortunately, a few positions could not be filled.

Principal among these were someone to help look after Event and Championship Management, and a person to maintain a presence on Social Media and the local press.

We also need a new Welfare and Protection Officer.

If you are interested please get in touch with me on info@deeside.org. *AJL* 

#### **Commissaire Opportunity**

Ready to start the journey to become a commissaire? Events don't run without them. Want to be part of the wider biking community.

Find out more about becoming a commissaire and the training you undergo here. <u>Trainee Commissaire course</u> (britishcycling.org.uk).

If	anyone's	interested	to	please
volun	teer@scottishcy	<u>cling.org.uk</u>		

## **New Members**

The following new or returning members have joined in recent weeks

1672	Mark Morrison	Banchory	37
3071	Grant Sandison	Aberdeen	30
3072	Angus Morrison	Banchory	8
3073	James Morrison	Banchory	6

Any friend, family member, work colleague, who is interested in cycling but not involved with a club, should be dropped the hint to look at <u>www.deeside.org/members</u> or to email <u>members@deeside.org</u> asking for information.

#### **Queen Elizabeth II and King Charles III**

When you're old enough to remember The Coronation in 1953 then you're bound to have feelings about the extraordinary events of the last week.

Sunday, 04 September, as you may recall, was a day of torrential rain and flooding which was a severe test for the first stage of Tour of Britain from Aberdeen to Glenshee. Even our beloved Deeside looked less than sparkling in the gloom.

A couple of days later Deeside was featuring as the first item on the news with the old Prime Minister, then the new Prime Minister, having an audience with the Queen.

Then the news on Thursday evening of the death of the monarch whose 70 years of selfless service is a record that is unlikely to be exceeded. We of the Deeside Thistle will be sad about her passing after a long life of duty but delighted that it happened at a place that she and we love.

Deeside is the most distinctive part of our club name, of course, and the Balmoral connection gives it an enhanced recognition. Because of my work I regularly met The Queen and the then Prince of Wales. They each had a real affection for the area, its people, and the Doric. They were extremely knowledgeable about so many aspects of life here and our new King has an encyclopaedic knowledge of the roads, bridges, hills, and wildlife of our area. As The Duke of Rothesay, he had very clear ideas on road 'improvements' which were proposed! He was always keen to maintain and enhance the character of the area and his views would very often coincide with a cyclist's outlook.

One day about 20 years ago I was coming down the Gairnshiel at the front of a grupetto in our Reliability Trial. I was the first to reach the steeply humped Gairnshiel Bridge. A very fine example of a 1750s military road bridge it provides a visibility challenge that road users approaching from one direction cannot always see what is approaching from the other. When I reached the apex of the bridge I noticed that two Range Rovers had drawn in at the far side of the bridge to let us through. I raised my hand to thank the drivers. The first driver was The Queen, and the second vehicle was being driven by our new King.

The following day I received a phone call from the office to the heir to the throne. His Secretary said that he was enquiring if that was me as he found it really difficult to know "with the helmets and specs you wear these days". Long Live The King. AGC

#### **Club Branded Aluminium Water Bottles**

If you have recently bought one of our Water Bottles but have not yet been able to collect please be quick. Stock is now very low. The remaining bottles are now in the care of Jon Strachan and to collect follow the procedure you use to collect clothing. Cost is only £5.00 per bottle. Go <u>here</u> for more information and to order yours.



#### **Cowie Stop Line – Part 2**



A continuation of my exploration of the Cowie Stop Line a series of defences along the line of the Cowie Water in an attempt to plug the Stonehaven Gap which would have allowed invading forces to pass South, avoiding the Grampian mountains.

I start at the point I finished Part 1, the Ury Viaduct. There is no further path along the South bank of the river here, and it is all private land. So, I cross the viaduct and follow a farm track on the North side, heading to the Findlayston Bridge, which carries the Slug Road over the Cowie near Mowtie.

This track has recently been improved, and I come to see why: it descends to riverbank level, where a large section of flood plain has been cleared for development! I follow the obvious bulldozer track to the end of the clearing, where it stops abruptly at a large pile of cleared tree debris. Inspecting the line of trees beyond reveals a small chink, and this leads to a small but very clear path continuing directly beside the river.

A short distance along this path, I see the first evidence of the defences on this section: a row of 15 concrete cubes interspersed between large old beeches on the south bank. Beyond here the path becomes less distinct, but nonetheless leads me all the way to the Findlayston Bridge, at river level.

I cross under the bridge, and up the bank on the upstream side. Crossing the bridge, I can see the pillbox with a commanding view over the bridge, but it takes a bit of looking because it's rather buried under fallen trees from the January storms. The path continues into the woods here, leading to the riverbank where the Cowie enters a steep-sided gorge. No further progress is possible here, so I have to scramble up a fairly steep bank to gain a track above.

After perhaps half a km, this path splits, with the main track gaining height to the left and a more minor fisherman's path heading down to the riverbank to the right. I take the less-trodden path ("perhaps the better claim, because it was grassy and wanted wear"), well actually because I wanted to follow the river as best I could!

This leads to a clearing in a tree lined glade where the water is dark and deep; a fisherman's bench sits here, with a plaque proclaiming it to be the Gove Pool. Beyond the Gove Pool, the path wends its way into a large circular clearing, encircled with massive beech trees, which meet at their tops creating a vast vaulted ceiling, a cathedral of trees. Some brave soul has climbed one of these, and tied a rope many tens of metres up, creating the most magnificent Tarzan swing I have ever seen!

Beyond here, things take a turn for the worse. The paths on the OS maps towards Swanley simply don't exist on the ground. At least not at this time of year. The bracken is taller than me and is basically impenetrable. But being the thrawn sort, I push on anyway. It takes a very long time to travel about 1km through this, and by the time I reach the Swanley road, I find I'd lost my glasses somewhere along the way.

Once on the Swanley road, I jog down to Bossholes farm and the Haugh Head bridge. There are two pillboxes here: the obvious one high on the hillside overlooking the bridge, but there's a second one downstream of the bridge, on the edge of a horsey field.

This is very difficult to get to, and I end up wading down the Cowie. The riverbed is very slippery! But this gives me a view of the confluence with the small Burn of Day, where there is a series of concrete blocks, which I would have missed if I'd done the sensible thing and crossed the field! I reach the last pillbox, and sensibly cross the field back to the road.

I decide not to re-trace, but to follow the Slug Road back to my starting point. But I notice that there seems to be a short-cut track from the bridge, reaching the Slug Road at Bogheadly. This works well and cuts off a long loop via Mergie. (*Ed: Known as the posties path it was used before the Royal Mail vans when delivery men had to use bicycles*)

So, I am home in time to cook my bits of dinner, with a pair of shorts that would do an eight-year-old proud, and legs that are stinging and ripped. Again.

If you want to know more, then I can suggest the Gordon Barclay survey from 2005: https://archaeologydataservice.ac.uk/catalogue/adsdata/ar ch-352-1/dissemination/pdf/vol_135/135_119_161.pdf

#### Ron Lowe

#### SCNEG Update

Changes at Scottish Cycling for Grampian with Angie Sword moving on as Club Development Officer. We will have a new CDO in place shortly.

Scottish Cycling are currently reviewing their events strategy which hopefully will be out before the end of the year.

As a region we will need to look at what we want to do in the long term (youth development, types of events we put in, volunteer development etc). I'll be putting out information in the next month or so, but if you have thoughts and ideas, please let me know. Email me on <u>colinallanach@aol.com</u> *Colin Allanach* 



#### **SCNEG Calendar**

Here's our proposed calendar for 2022: The links take you directly to the event on National Calendar.

18 Sep	Classy 10TT	AWCC
18 Sep	H/C Champs	AWCC
02 Oct	Ladies RR	AWCC

#### **Trainee Commissaire Courses in 2022**

British Cycling have released a number of online Trainee Commissaire Courses in 2022, Courses include BMX x 3 courses

Circuit	x 3 courses
MTB XC	x 2 courses
MTB Gravity	x 1 course
Road	x 3 courses
Track	x 1 course

Currently no Cyclocross, Cycle Speedway or Time Trial courses are scheduled, but if you, or someone you know is interested please get in touch.

If anyone is interested, they should get in touch with Colin Esslemont (SC Regional Commissaire Coordinator) on montysbicycleworks@btinternet.com & Ashley Ryan (SC Event Workforce officer) events@scottishcycling.org.uk and we can arrange for them to link up with an active official to chat more about the role and send on sign up links. *Colin Esslemont* 

#### AWCC Quines & Loons Road Race 2nd October 2022

I have now reached the magic figure of more than 25 entries which makes the event viable for it to go ahead. Still there are very few local ladies (3) entered so it means that the SCNEG ladies' trophy is wide open. If you know of any local ladies who might wish to enter then please tell them to do so before the 17th.

A big thank you to those who have already volunteered. However, I desperately need at least one, possibly two, Service Cars or at least one car and two mechanics (No Service could = no race). An additional two marshals would be very helpful.

As I said previously, at the end of the day whether this event goes ahead now depends on me getting sufficient support from the local cycling community.

This will be my last request for help. I'm almost there so if you want the event to run then please volunteer to help. Do not leave it till the last minute to offer to help as it may be too late to save the event. Please contact me on <u>saville.gunn@btinternet.com</u> if you can manage to help *Saville Gunn* 

#### **Spond Guide Update - Group Codes**

If you are already registered in Spond and in one DTCC group you can join another with these links (or use the "Enter Code" option in the App).

DonsideBunch	https://group.spond.com/WWDYZ
Banchory	https://group.spond.com/IYLWP
DTCC MTB	https://group.spond.com/MRFCH
LeggartTerrace	https://group.spond.com/AGTNP

Click on the group(s) you want to be member of, and the ride admin will accept you.

Links FYI

Link to PDF Spond guide: <u>http://deeside.org/wp-content/uploads/2022/08/DTCC Spond and Ride Leade</u> r_Guide.pdf

 Link to PPT Spond guide: <a href="http://deeside.org/wp-content/uploads/2022/08/DTCC Spond and Ride Leade">http://deeside.org/wp-content/uploads/2022/08/DTCC Spond and Ride Leade</a>

 r_Guide.pptx
 Peter Smart

#### Saturday Rides are Back

The Saturday morning rides are back!

For now, they're going to be a little bit different. Starting at 8:30 prompt on Leggart Terrace, we'll head up the climb to Banchory Devenick on a route some of you may know as the Chairman's Classic. If you need a reminder, the route runs through Auchlunies, Lairhillock, Durris, over the Garrol to Strachan, Shooting Greens to Potarch, Torphins, Learney, Echt, Garlogie, Carnie, Countesswells and back into town.

All are welcome and we'll run different paced groups if required. Email Steve Brechin on <u>DTCC-</u> <u>Banchory.Saturday@outlook.com</u>

#### **Sunday Banchory Rides**

The rides will start 10:00 am (sharp) from Banchory Townhall (carpark opposite town hall). The rides will be published on SPOND, and we would ask you to sign up for the ride via SPOND, so we know who is riding and we have your emergency contact details.

You can download SPOND on your smart phone or access any computer or tablet via: <u>https://spond.com/welcome</u>.

To join the Banchory Rides group please sign up via: <a href="https://group.spond.com/IYLWP">https://group.spond.com/IYLWP</a>

There are other rides through the week and sometimes adhoc meetup, so it is worth joining.

- (1) The route will be published on SPOND and will always include a coffee stop
- (2) Route will be around 50 miles
- (3) We will try and run two groups. Espresso and Latte. Espresso will be a ride aiming for 18 to 20 mph average. Latte will be no drop ride riding at



the pace of the slowest rider, but hopefully around 16 mph, or slower if needed.

- (4) Espresso will set off first, anyone dropped from Espresso can drop back to Latte
- (5) If we do not have enough for two groups it will be a no drop ride
- (6) All levels of rider welcome

#### AAB Cycle Challenge - Friday 23 September

Are you a frequent cyclist? Go pro this year with AAB as we're joined by the all-female elite Alba Development Road Team for this year's cycle challenge.

The hilly route is approximately 50 miles, setting off from Knockburn Loch. On completion of the challenge, cyclists will make their way to Banchory Lodge for dinner and refreshments, where we're delighted to have the Alba Development Road team join us for a Q&A session over dinner.

Think you could manage the challenge? We still have spaces available for more female cyclists to join! Please contact Kirsten Middleton to find out more and how to join – <u>kirsten.middleton@aab.uk</u>

#### Youth & Junior Vacancies

DTCC Youth and Junior offers Coaching sessions for riders aged 6-18 years, covering road and off-road disciplines. Following COVID19 we have a number of spaces in our groups and are looking for new riders. If interested please contact <u>youth@deeside.org</u> to register your rider, advising date of birth and current riding capability

#### **Coaching Courses**

Those members keen to get involved with coaching can find details of upcoming courses and funding opportunities on the SC web site. Go here:

https://www.britishcycling.org.uk/scotland/coaching

# **Big Bobble Hats**

Big bobble hats have a large number of Deeside Thistle hats available to order. Contact them direct to get your cosiest hat for winter -<u>https://www.bigbobblehats.co.uk/</u>

#### Welfare Officers

Club Welfare Officers are Ian Wilson and Anna Liversidge. They can be contacted by telephone on 07919 280656. The email address to use is welfare@deeside.org

#### Heroes of British Cycling

*Cycling Weekly* is once again looking for the heroes of the British cycling scene for our awards at the end of the year. Every year our awards celebrate the individuals and clubs that go the extra mile for their members, club mates and local cycling scene. Giving them the chance to ride and improve. This is what we're looking for:

#### Local Hero - nominate here....

The 2022 Local Hero will be the person who is integral to their local cycling scene, giving their time and energy to allow and encourage others - no matter their ability - to ride their bikes. Someone who drives the grass roots scene in their area, and the sort of person who seems to be at every event and who everyone knows and relies on to get things done.

#### Club of the Year - <u>nominate here...</u>

We're looking for clubs that give their members opportunities and reasons to ride, helped them improve and grown the cycling scene in their area. Last year's winners were <u>Falkirk Junior Bike Club</u>, which aims to instil a love of cycling into its young members so that it becomes part of their lives. So, from juniors to vets, elite racers to first timers, if you think your club does all of this then please get together with some club mates and fill in the nomination form.

#### Outstanding Achievement - <u>nominate here....</u>

For the Outstanding Achievement Award, we're looking for a rider, professional or amateur, who made a big impact on 2022. From winning the biggest races to setting new records - like last year's winner Josh Quigley - or simply achieving something incredible that no one else has done before. Their achievement could be a one-off ride, or a combination of rides or achievements that add up to something spectacular

Every year these are the stories that inspire me, proving the British scene is in good hands with the wonderful volunteers up and down the country. If you think your club, or anyone in it deserves the recognition, please do nominate them. *Simon Richardson CW editor* 

### **Ride Etiquette Document**

You are reminded that a paper detailing the etiquette to follow when on club/training runs has been prepared and is here for your interest. The document is posted on the club's website and links will start to appear on club publications so that you can refer to it. It will also be highlighted to new members.

#### KNOCKBURN LOCH MANAGEMENT

John Huston Knockburn Site Manager, Knockburn Loch, Strachan, AB31 6LL <u>info@knockburn.co.uk.</u>01330 822234 / 07741314999 <u>www.knockburn.co.uk.</u> You can like us on <u>FaceBook</u> and follow us on <u>Twitter</u>



Britain's National Cyclists' Association Working for all Cyclists Newcomers are welcome particularly on the Morning/Slower Full Day runs. Medium and Faster Full Day runs are for the more experienced

#### For more information visit our website: http://www.ctcgrampian.org.uk

John B	01224 571984	
Sheila	01224 639012	
John S	01224 790269	
Heather	01224 699399	
John C		
John T	01224 639012	
Right to Ride Representative		
Rod	01467 623317	
Runs Co-ordinators		
Moira D		
Cindy	01224 310719	
Heather	01224 699399	
Sheila	01224 63901	
John S	01224 790269	
	Sheila John S Heather John C John T <b>tive</b> Rod Moira D Cindy Heather Sheila	

Following guidance from our Covid 19 Officer, Rod Adams, the following has been agreed to ensure that our runs will operate in a Covid secure fashion.

Our risk assessment has been uploaded to the CTC Grampian website: <u>http://www.ctcgrampian.org.uk/</u> and participation in club rides will be subject to all participants having familiarised themselves with, and agreed to comply with, the terms of the risk assessment.

To be Track and Trace compliant, we are asking all participants to arrive with a small (business card size) paper with their name and contact details. These papers will be collected by the Ride Leader at the start of the run in a plastic bag and held securely for 21 days, before being destroyed. This requirement will be incorporated into the risk assessment and displayed on the Runs list page of the club website. **"No ticket, no ride"!** 

In addition, all riders continue to be required to carry a Next of Kin card in the event of an accident. These are available from the Ride Leader and/or Secretary.

Newcomers: We welcome newcomers, particularly on the 'Try Cycling' and 'Morning' runs. You do not need to be a member of the Cycling UK to join our runs, but after 3 runs you would be expected to join Cycling UK.

Runs start promptly at the time stated. Distances are calculated from the meeting place. Bring spare inner tube, puncture repair kit, tools, wet weather gear, some food, drink, and LIGHTS where relevant. It is recommended that all cyclists carry a First Aid kit.

Try Cycling: rides are intended for those who have not been on the saddle for a while and for those who want a quiet ride around Aberdeen. These are easy rides followed or interrupted by a coffee stop, families are welcome.

Morning Runs: These runs are at a relatively slow pace and are usually about 25–30 miles long. A coffee or picnic stop will usually be made.

Full Day Runs: These are all-day runs intended for experienced cyclists. A coffee stop and lunch/picnic stop will be made. Distances and speeds vary as outlined below:

Slower Full Day Runs: Slowish pace. Distance normally 30-45 miles.

Medium Full Day Runs: Moderate pace. Distance normally 45-60 mls.

Faster Full Day Runs: Fast pace. Distance normally 60-75 miles (* runs are longer).

Pub Runs: Start prompt at the time stated, to reach the pub by 21:00. LIGHTS

#### Runs

The full calendar of runs is available here: https://ctcgrampian.org.uk/runs-list/

# CAR CLINIC

Email: greatservice@car-clinic.com

Web: http://www.car-clinic.co.uk/

Car Clinic, Unit 2, Hillview Road, East Tullos, Aberdeen, AB12 3HB

Phone: 01224 891414

Car Clinic, Broadfold Road, Bridge of Don, Aberdeen, AB23 8EE

Phone: 01224 821010

#### 25 Years Ago

**The SCU 12 Hr TT Championship** finish sheet could put many other events to shame. The 100-title race on 3 August had an entry of 75 but only 52 of those crossed the finish line. On 17 August sometime after 6.00pm 56 riders reached the end of their efforts in the half-day race. Could this be an upsurge in interest? Only a few years ago when the Middle-Distance BAR was introduced many people foretold the demise of the half day distance. Colin Guy flew the flag for us and rode a steady race to finish with 225 miles. Stuart Smith EBC won the even with 272 miles.

### Youth Free Membership

Deeside Thistle Cycling Club is delighted to offer free membership to new youth riders for their first year. If you would like to take advantage of this offer, please see: http://www.deeside.org/membership.html

#### **Club Mountain Bike Rides**

There's long been a need to hold regular mountain bike rides for club members, but the question was how to achieve this. As with everything there will be a wide range of abilities, bikes, fitness, and locality within the club so one ride group won't satisfy everyone, every week.

With all that in mind can you comment if you are interested with the following:

- a) What level/type of rider are you?
- b) What kind of rides would you like to see the club put on?
- c) Where are you located and where do you predominately ride?
- d) Do you have any qualifications?
- e) Would you be interested in leading a ride?

You can register here <u>https://group.spond.com/WWDYZ</u> and comments, please, to Neil on <u>mtb@deeside.org</u>

#### Zwift Sunday Club Endurance Ride Created and administered by Simon Stromberg

We now have a Sunday Club Endurance Ride on Zwift, with different groups at a different pace. Details <u>here</u>. This is run in partnership with ZwiftScotland group.

There will be different groups formed on ride each at a different pace. Regrouping at top of KOMs.



ZWIFT.COM

#### **Histerical Reminiscences**

#### (Part 48)

It's more than 50 years ago that Phil Boden and I set off on our epic up Deeside. We'd climb past Glenshee and head down past The Spital before branching off for Glenisla and Kirriemuir. The return leg would take us on to Fettercairn and over the Cairn o'Mount.

That Sunday morning the crowds, as usual, were out at Crathie. They thronged the roadsides around the gates to Balmoral.

Approaching this massed gathering with a bit of trepidation and concern we were where we shouldn't be, suddenly two young French guys leapt from the crowd.

They ran beside us chanting "Vive le cyclistes, vive le cyclistes."

The group being supervised had headed for Lochnagar in

the morning. I'd to check they'd made it to their campsite, were pitched properly and fed.

My intention was to head for the hill via Lochnagar Distillery. I'd follow the boundary fence until it met the hill road over to Loch Muick and I'd encounter their campsite along the way.

In a matter of minutes after leaving the road, two uniformed policemen emerged from the trees. They were adamant. You cannot continue you'll need to find another way into the Spital of Muick. The Queen is in residence.

. . . .

Heading out for a few days in the hills above Loch Muick Andrew and I would camp the first night across from Inchnabobart and start the journey in the morning.

It teemed down. The road ran like a river as we arrived at the chosen spot shortly before dark. Taking the car off the road we'd wait a while till the downpour eased, then pitch the tent.

Soon, two black Discoveries appeared. They turned into our campsite and sat facing us, headlights blazing. Out of the cars climbed four suited individuals who squelched purposefully over the heather. With id badges swinging on lanyards, I presumed they were officials of some sort.

"Why are you here?" demanded one. The others were walking round the car taking photographs. I simply said that we were camping overnight and heading into the hills in the morning. "You can't camp here. The Queen's in residence."

. . . . .

Late in arriving, I'd to get dressed in kilt and paraphernalia in the public toilets just outside Holyrood Palace. Sneaking through a gate I could see the assembled Duke of Edinburgh's Award holders in large circles. There could have been hundreds of them. Spotting my group of recipients, I made a beeline for them. A few groups away I could see the Duke and his entourage already hard at work interviewing folk.

Taking up position behind the youngsters I could see them fidgeting. There was an uneasy silence. Was it nervousness? On the far side of the circle stood proud parents and responsible leaders.

Eventually Prince Philip reached us. He engaged in earnest conversation with members of my cohort. Then he glanced up and looked me straight in the eye. "*Who are you?*" he asked. Flustered, I blurted out that I was with the group from Stonehaven. "*You look a bit old to be getting an award,*" the smiling Duke told me. Stammering, I tried to explain my position.

With an expansive wave of his arm performing a directional arc through the air, in a stentorian voice, "You are not meant to be here. You are meant to be over there." The words rang out loud enough for all to hear.

Like a reprimanded and bewildered schoolchild, tail tucked between my legs, I'd to take the walk of shame, across that vast expanse of grass, in front of all the parents and my DoE colleagues.

. . . .

At Gatwick Airport the car hire company leased me a brand-new model Ford Focus. Taking it carefully through the streets of London I eventually made it to the gates of Buckingham Palace.

Dozens of vehicles were waiting patiently to be given the command to drive into the quadrangle. But first they'd to be checked. Armed police carefully examined each car, inside and out, underneath and under the bonnet.

With nothing more than overnight bags our check would be minimal! And so it was until the officers came to open the bonnet. They looked inside the foot well for the lever to open the catch. To no avail. They pulled back carpets, shoved the seats around, checked inside the glove compartment. They stood around scratching their heads.

In front of us the queuing cars had gone into the Palace. Behind us the queuing cars grew impatient. The minutes ticked closer to 10 o'clock.

One officer was on his radio, "It's that new car, the Ford Focus. We can't get under the bonnet" I heard him say.

Moments later, with blue lights flashing, a police car stopped beside us. The driver got out and asked me for the key. He went to the front of the car, turned the name badge on the bonnet lid and inserted the key. He gave a superior smile to the other policemen as shrugging his shoulders, he got into his car and drove away.

Bobby MacGregor recalled his first visit to Aberdeen when, with the Milk Race crew he went to the Treetops Hotel for a do. Alan Gibb remembered that night too, but he was sure that it was chicken they had We'd landed at Lungi airport well into the evening to find that the 24-hour ferry wasn't. Its last sailing across the 4 miles of water to Freetown had been at 9.00pm. A private ferry could be summoned but the 500USD put us off. Instead, we took a bus via Port Loko.

This meant 60 odd miles over unfamiliar roads before joining the 70 plus miles to Freetown on roads we knew. After a few miles on good tarmac a fallen tree appeared in front. This forced us off the road onto a dirt track. The bus had to drive with great caution round umpteen potholes filled with water. Sometimes there was no choice but drive through the water. It was like this all the way to Port Loko where we eventually regained tarmac.

It was after 3.00 in the morning before we reached our destination. Gladys England had stayed up for us and prepared food.

The visit to Sierra Leone was multi-faceted. Alastair Brodie, in the name of Kids Action, an Aberdeen based charity, has a commitment to 25 or more young Sierra Leonians. They were rescued after the Rebel War and now finishing their education Alastair was travelling out to try and get them into employment.

Other members of the party were working on educational projects with a view to twinning schools in SL with schools in Aberdeen. Also being worked on was a home birthing project where mothers could expect better care and support during childbirth. In SL the death rate of mothers in childbirth is as tragic as 1 in 7.

The final effort was the establishment of goat herds in impoverished villages. Funding for this had come from Rotary St Fitticks with a substantial percentage also coming from the Alford Cyclefest Sportive.

Two years ago, Alastair and I had laid the foundations of establishing goat herds when we visited a remote village called Yagala in northern Sierra Leone and hoped that great things could develop from this.

The select area this time was Rotifunk only about 40 miles from Freetown. However, access is difficult for the bridge is down. This small matter wouldn't put us off!

A few days after we arrived, off we set. To avoid the horrendous problems of traffic in Freetown, Samuel, of Youth Solutions, a group set up by Alastair in Freetown to look after the interests of Kids Action, advised we take the Peninsular Road. Freetown sits on a peninsula of land, mountains range down the centre line. All the traffic heads out the north side to Waterloo and beyond. So, it was with joyous anticipation we headed out on traffic free tarmac on the south side of the hills.

After a few hundred yards the tarmac stopped, and we zigged this way and zagged that to make our way round the floods. Every now and then a flood was too big, and the codriver had to get out and wade into the waters to find the route. Sometimes he missed the high points and the bottom of our vehicle scraped along the rocks. Our 20-mile journey to Waterloo took three hours. This meant the projected hour or two pedal into Rotifunk on the bikes donated by club members was getting shorter by the minute.

From the main road a trip was made to the collapsed bridge. We'd been told a ferry was in place and so it was. Driven by a wire rope across the wide river the drive wheels had been removed so nothing happened. Dugout canoes plied to and fro and Alastair and I were tempted to cross the river in one of these and cycle the last few miles to Rotifunk while the rest of our party went via the roads. We saw sense. We weren't sure if our transport would make it so instead we returned to the main road and headed to Moyamba Junction. A substantial road headed south from here and though wide and initially well graded this road deteriorated to become very slow and dangerous as floods had again to be negotiated.

Putting up for the night in Moyamba, in the morning we took stock and decided that the trip into Rotifunk was fraught with problems. Fortunately, we found out that a livestock officer from the Agricultural Department was on her way from Rotifunk by motorbike. Meeting with her she indicated that she'd been instrumental in setting up similar goat projects in Mozambique. This gave a sense of satisfaction for getting this good contact meant that a worthwhile project could be managed locally rather than have members of Youth Solutions making repeated hazardous journeys to the Provinces.

To complete this part of our journey a visit was made to a local school where the head teacher identified several pupils who travel a long way from their home villages to get their education. A formal gesture of riding the bicycles into the school yard was made and they were handed over to the children who then demonstrated their mountain bike skills.

Then in a quiet moment I get to thinking and remember those halcyon days, cycling for miles in blistering heat, windless, arms soaked in sweat peppered with flies. And to counter this, struggling into a head wind with sleet stinging my face, battling against all odds to get to a Youth Hostel before dark then being permitted to climb the Bealach na Ba after lights out.

Making sure at the end of each day that every pedal turn is recorded, achieving the goal of 20,000 miles in the year. Going out just before midnight was not unusual to ensure that each day saw some distance ridden.

Racing swallowed a lot of time; Tuesday's league, a roadrace on Thursday and time-trials both Saturday and Sunday. It could be we'd cycle to a venue on the Saturday, hostel, and race Sunday before riding back home.

It's been a lifetime's indulgence and I'm still breathing when I wake up in the morning. For that I'm truly thankful. *Roughstuffer* 

#### **Club Kit Arrival**

Pactimo kit order is now available to collect from Tierney Strachan, 12 Greenbank Place, East Tullos, AB12 3BT. Please observe social distancing and wear a mask.

Please ring the bell at our Goods-In door and announce that you are here to collect Deeside Kit with your name. Wait outside the door and your kit will be brought to you.

If the small roller shutter door is closed - please ring the office number 01224 295000. If the main gates are closed, we are closed, simples. Visitors may NOT enter the building - so we have no facility for you to try on.

If you are in any doubt about the sizes you have ordered, let me know and possibly we can do a swap or refund.

I can post out to those that want it. Let me know and I can arrange. You can easily buy postage online and send it to me; I need to give you weights and dimensions if you want to do this. *Best Regards, Jon Strachan* 

(jas@tierney-strachan.co.uk)



Workshops, Musical Theatre, Performance Class, Exam classes

Rhona Mitchell, BA (Hons), Dip S&D, TQSE, LGSM, LLAM (Hons), MSTSD.

# lan Grant

Gardening: - Grass Cutting General Tidying - Rotovation Pressure washing - Tree Surgery, Welding (electric) and small repairs £9.00/hr or estimates 30 Sclattie Park, Bucksburn, Aberdeen Tel (01224) 713033



# **Falling Leaves Sunday 25 September**

Our Falling leaves group ride - certainly not a race, takes place on Sunday 25 September The idea is to ride round in groups of say, six or eight and enjoy the company and share the pace.

Over the years many have ridden their first 100 miler this way.

There will be 2 distances.

**100 miles** - divided in to three groups with the slower riders setting off at 8am. The next two groups will be later.

**100km** — again divided in to groups depending on likely pace. The first group will head off at 9.30am

Our organiser, Alan Campbell has just a dozen entries so far but lots more will be entering now!

Each route has undulations, especially the 100 miler with The Lecht in each direction. If you've never tackled it or not made the ascent this year then this is the one for you.

Here's the link on Strava to the route at 100 miles prepared by Greg Quinn <u>https://www.strava.com/routes/2875745119419035372</u>

Here's the link on Strava to the route at 100 kms prepared by Steve Brechin https://www.strava.com/routes/2875102543274703026

Catering will be back at the hall for 100km riders, 100 milers will have an additional stop at Tomintoul.

Entries now please to mailto:campbell66@btinternet.com

Assistance is, of course, also required at the Sign on and catering. If you prefer The Lecht in a car then volunteer to be the support driver.

The Deeside Thistle Cycling Club publishes this magazine. The Editor is Sandy Lindsay MBE, Rowan Cottage, Inveramsay, Inverurie, AB51 5DQ. Tel: 01467 681330 / 07867 857221 – Email: <u>knockies@aol.com</u>







